

Quiz Questions: Your Modern Therapist Ethics Questions Answered: Digging into the mail bag to identify how to behave ethically in modern times

1. When addressing an ethical dilemma, it is best to:
 - a. Ask a question in a therapist Facebook group and proceed with this answer
 - b. Read through broad ethical codes for a number of professions
 - c. Trust your gut
 - d. None of the above
2. Dual relationships are most harmful when:
 - a. The client does not seem interested in pursuing said relationship
 - b. The focus of the benefit for this relationship is for the therapist
 - c. The power differential between therapist and client is pronounced
 - d. All of the above
3. All dual relationships are inherently harmful.
 - a. True
 - b. False
4. When might you proceed with a dual relationship?
 - a. Only in very limited circumstances, with approval from your licensing board
 - b. When there is benefit to the client, there is no foreseeable concerns, and there is sufficient discussion with the client to address any unforeseen concerns
 - c. When there is equal benefit for both parties, there are foreseeable concerns that are likely able to be remedied, and the client is unaware of and/or seems unconcerned by these concerns
 - d. You would never proceed with a dual relationship
5. You must have an electronic record if you perform therapy.
 - a. True
 - b. False
6. The minimum requirement for clinical documentation is:
 - a. Accurately reflecting what happened in the session
 - b. Not including any curse words
 - c. Quotations from the client
 - d. All of the above
7. Every therapy client must have a diagnosis.
 - a. True
 - b. False
8. When a therapist is in the public eye, they should consider the following:
 - a. Discuss the impacts with their clients, when appropriate
 - b. Identifying how their public content may impact clients
 - c. Sharing information that has an evidence base
 - d. All of the above
9. It is required that we report therapists for bad behavior.
 - a. True
 - b. False
10. When considering a report on another therapist you should consider:
 - a. Confidentiality of your client, if they are reporting it to you
 - b. If they are reviewed by the same licensing board and following the same ethics code as you are
 - c. The impact on the therapist's reputation in your community
 - d. Whether you agree with the therapist's behavior or not