

Quiz: **Building Your Treatment Team in Private Practice: Essential Networking Skills for Therapists**

1. Networking is solely a business activity.
 - a. True
 - b. False

2. Benefits of treatment teaming include:
 - a. Better treatment compliance
 - b. Improved treatment outcomes (like decreased hospitalization)
 - c. Increased coordination of care
 - d. All of the above

3. How can you best identify treatment team members?
 - a. Consulting with other professionals on current cases
 - b. Going out for drinks with colleagues to vent about the profession
 - c. Sending practice marketing to local doctors offices
 - d. Social media marketing

4. Clients must be part of the conversation and decision making process of who is on their treatment team.
 - a. True
 - b. False

5. Who can be included in treatment teams for clients?
 - a. Clergy, Coaches, Teachers, community members
 - b. Medical doctors and other medical professionals
 - c. Other mental health providers including other therapists
 - d. All of the above

6. What qualities are most important to vet when adding members to your treatment teams?
 - a. Compliance with your plan for treatment (no conflicting perspectives)
 - b. Someone who you like to go out for drinks with
 - c. The person who will pay you the most for your referrals
 - d. Willingness to collaborate

7. What are characteristics of high performing treatment teams?
 - a. Co-location, proximity, comfortability
 - b. Fun, easy to get ahold of, interesting
 - c. Influence over the client, strong plan for the client
 - d. Trust and respect, communication, and shared vision

8. It is best to focus your treatment teaming and networking efforts on other therapists.
 - a. True
 - b. False

9. High functioning treatment teams:
 - a. Bridge gaps in services while also negotiating overlaps
 - b. Set regular meetings and have established communication protocols
 - c. Understand the roles for each member of the team
 - d. All of the above

10. It is best practice to obtain a release of information from your client for each treatment team member.
 - a. True
 - b. False