

Quiz: Is AI Smart for Your Therapy Practice? The ethics of Artificial Intelligence in therapy

- How are chatbots different from search engines?
 - Chatbots generate human sounding language around a topic. Search engines find information in a database and retrieve it.
 - Chatbots learn from information on the internet and make it human sounding. Search engines retrieve information from a database.
 - Chatbots search research databases and make the information more understandable. Search engines search a wider variety of databases.
 - Chatbots search the internet and synthesize the information in more understandable formats. Search engines retrieve primary source documents.
- ChatGPT's user agreement makes it illegal to use output from their platform for therapists in their businesses.
 - True
 - False
- When chatbots are being used to create content and the copy is the same for multiple users, therapists must consider which of the following ethical guidelines?
 - Electronic Media
 - Performance Assistance
 - Plagiarism
 - Public statements
- When giving publication credits to artificial intelligence, which of the following is the best ethical way to do so?
 - Artificial intelligence does not need to be cited because it is not a person
 - Artificial intelligence should be credited as an author to the extent that it contributed to the article
 - The author does not have an obligation to inform the reader about whether or not artificial intelligence was used
 - The author should make note that artificial intelligence was used to influence the content of the article
- Which of the following ethical principles does revealing the use of artificial intelligence in writings fall under?
 - Autonomy
 - Beneficence
 - Justice
 - Non-Maleficence
- Which of the following is a way that potential clients can be harmed when authors do not reveal that artificial intelligence was used in a writing?
 - Clients can start choosing artificial intelligence therapists over trained mental health professionals
 - It can create client expectations that the therapist knows more than they actually do
 - Protected health information put into the artificial intelligence is a HIPAA violation
 - The information in the article may be outdated
- Generational differences need to be accounted for in the use of artificial intelligence in therapeutic practices
 - True
 - False
- Letting clients know how artificial intelligence was used provides them with informed consent.
 - True
 - False
- Why is it important for therapists who use artificial intelligence to share on what date the artificial intelligence was accessed?
 - It allows the client to access the primary source of information that the therapist is citing
 - It builds more trust that the therapist is transparent
 - The language of the AI can be better accessed to understand how it has shifted
 - The language of the AI can drift and change and may not be accessible any more
- Which of the following should therapists who use artificial intelligence apps with their clients reveal to their clients?
 - Any proprietary interests that the therapist has with the app
 - How the app stores and uses the users' data
 - How the therapist will use the data to track the client's symptoms
 - Whether or not the therapist holds a business associate's agreement with the app