

## Quiz: Supervision in the Real World: Understanding what makes an effective supervisory alliance

- Which of the following is the supervisory alliance composed of, according to Fleming and Benedek?
  - Rapport
  - Shared goals
  - Shared tasks of how supervisory goals are achieved
  - All of the above
- Ways to measure the supervisory alliance include:
  - The FASIT system
  - The Leeds Supervisory Alliance
  - The Supervisory Working Alliance Inventory
  - All of the above
- Developing as person of the therapist is an example of supervisory drift.
  - True
  - False
- How does the developmental model of supervision affect supervisory alliance?
  - More experienced supervisees should be challenged to demonstrate independent thinking
  - The model says that supervisors should not provide affirmative feedback
  - The supervisor should be directive with therapists of all experience levels
  - There is no relation between supervisory alliance and more advanced supervisees
- Supervisory alliance research deficits include
  - A majority of research being completed after the supervisory relationship is finished
  - Likert scale questions that are not evaluative
  - Very few evaluation points in the research to show nuance or change in the relationship
  - All of the above
- Which of the following is NOT a result of a greater supervisory alliance?
  - Greater willingness to self-disclose in supervision
  - Higher supervisee self-efficacy
  - More satisfaction with supervision
  - Stronger supervisee attachment style
- Which of the following is a predictor of weaker supervisory alliance?
  - Rigid boundaries between supervisor and supervisee
  - Supervisee anxious attachment style
  - Supervisor and supervisee being from different genders
  - Supervisor and supervisee being from different racial backgrounds
- Which of the following are factors in supervisor humility?
  - Other focused orientation
  - Supervisor ability to recognize her or his own supervisory imperfections
  - Supervisor openness
  - All of the above
- The FASIT system allows for supervisees to provide feedback on the supervisor's process in supervision.
  - True
  - False
- Supervisor humility opens the ability to address multicultural factors in supervision.
  - True
  - False