

Quiz: Am I honoring my personal values or am I discriminating? An exploration of ethics for modern therapists

1. What was the final legal decision in Ward v Wilbanks?
 - a. The case is still pending
 - b. The case did not have a final legal outcome
 - c. Ward won because the ethics code has a space for values based referrals
 - d. Wilbanks won because the university had a clear policy based in the ACA ethics code
2. What does the 2016 Tennessee law allow?
 - a. Therapists in private practice to ignore ethics codes when it goes against the therapist's personal beliefs
 - b. Therapists in private practice to refuse to see clients in life or death situations
 - c. Therapists to refer to conversion therapy camps
 - d. Values-based referrals
3. Why should referrals be "an option of last resort?"
 - a. Clients can have expectations of receiving treatment from the first therapist they contact
 - b. Therapists should avoid putting their values on clients
 - c. They can be interpreted as client abandonment
 - d. Values-based referrals can prevent inadvertent harm to clients
4. How does fidelity apply to therapist values?
 - a. It adheres to the principle of non-maleficence
 - b. It defines that we should treat client equitably
 - c. It gives clients the predictability of treatment approaches
 - d. It upholds the trust in the profession of therapy
5. Therapist licensure by states is:
 - a. A guarantee that therapists will be held accountable for their actions
 - b. An agreement that the therapist knows how to identify their values
 - c. A regulation that tells therapists how they must handle client referrals
 - d. Proof that someone has training to work with diverse populations
6. Tennessee is the only state that has passed a law that allows therapists to avoid ethics codes
 - a. True
 - b. False
7. The summary judgment of Julea Ward's case was based on Eastern Michigan University's use of a professional ethics code
 - a. True
 - b. False
8. In Ward vs Wilbanks, the Appellate Court used conflicting parts of the ethics code as reason to overturn the District Court's Summary judgment.
 - a. True
 - b. False
9. Therapists have an obligation to expand their knowledge to learn about new issues presented by clients.
 - a. True
 - b. False
10. Being aware of the historical prejudices and treatments of clients from marginalized backgrounds is:
 - a. An obligation in addition to not discriminating against the client
 - b. A reason to prioritize marginalized clients for treatment
 - c. Something that should be documented in the client's file
 - d. Something that should be reflected upon in every session