

Quiz: What Therapists Should Actually Do for Suicidal Clients: Assessment, safety planning, and least intrusive intervention

1. What is the volitional phase of the Integrated Motivational Theory of Suicidality?
 - a. When clients are actively suicidal and have access to or are seeking means of harm
 - b. When clients feel entrapment
 - c. When clients have motivational moderators
 - d. When clients stress diathesis is too large

2. Which of the following is an example of a motivational moderator?
 - a. Absence of future thoughts
 - b. Feelings of being a burden
 - c. Thwarted belongingness
 - d. All of the above

3. A client has to be actively suicidal for a therapist to intervene
 - a. True
 - b. False

4. When gathering information about a client's suicidality, which of the following should a therapist consider?
 - a. Many suicide assessments are a snapshot in time
 - b. To conduct an analysis of what led the client to this current situation
 - c. To validate the client's feelings
 - d. All of the above

5. Why should a therapist access supervision when working with suicidal clients?
 - a. To limit legal liability
 - b. To make sure that the therapist has not missed anything
 - c. To make sure that the therapist is taken care of as well
 - d. All of the above

6. Taking responsible action means
 - a. Creating a safety plan with the client
 - b. Intervening at the appropriate level of care
 - c. Proper documentation
 - d. All of the above

7. Therapists need to be available 24 hours a day when working with suicidal clients
 - a. True
 - b. False

8. Extending the action with suicidal clients stops when a client has been admitted to another caretaker's caseload
 - a. True
 - b. False

9. Clients who are hospitalized with suicidal thoughts but not deliberate self harm show a reduction in unintentional injury over the following 12 months
 - a. True
 - b. False

10. The riskiest time for suicidal client care is when
 - a. Before reaching out for help
 - b. Immediately after being released from the hospital
 - c. Clients are being transitioned between providers
 - d. When clients first begin taking medication