

Quiz: What Goes in Your Notes? Interstate therapy practice and documentation for clients considering abortion or gender affirming care

1. When practicing with a client who resides and is in a physically different state than where the therapist practices, which state's laws do the therapist need to follow?
 - a. HIPAA overrules both state's laws
 - b. The more restrictive of the two state's laws
 - c. The state that the client is physically present
 - d. The state that the therapist is physically present
2. Which of the following make a therapist a covered entity under HIPAA?
 - a. Billing insurance
 - b. Providing superbills to clients through an electronic health record
 - c. Working for an agency that charges Medicare
 - d. All of the above
3. What is the HIPAA privacy rule?
 - a. Client's have the right to access the therapist's notes about the client
 - b. Covered entities are able to provide treatment summaries rather than the entirety of the client file
 - c. Information about a client can only be released with a release of information signed by the client
 - d. When releasing information about a client, only release the least amount of information possible
4. Which of the following makes a psychotherapy note actually a progress note?
 - a. Direct quotes from the client
 - b. Session dates, times, diagnostics, storing the psychotherapy note with the progress note
 - c. Therapist feelings and countertransference about the client
 - d. Therapist musings about the clients
5. Psychotherapy notes are only for the therapist to access and are confidential from everyone else.
 - a. True
 - b. False
6. Individual health care providers and therapists are immune from 21st Century Cures Act Laws about information blocking.
 - a. True
 - b. False
7. Which of the following could be considered "aiding and abetting" a client?
 - a. Giving information to a client about how to research their decision
 - b. Giving resources to a client that the client specifically requests
 - c. Giving the client specific directions on how to get to an abortion clinic
 - d. Processing a client's feelings about making a medical decision
8. Professional organizations agree on how therapists should talk about their views on abortion with clients.
 - a. True
 - b. False
9. A policy included with a client's informed consent about how the therapist will address discussions around medical decision making and document those discussions adds a layer of legal protection for therapists.
 - a. True
 - b. False
10. HIPAA is more restrictive than state laws on client information privacy and information sharing.
 - a. True
 - b. False