

Quiz Questions: **What is Parental Alienation and How Can Therapists Successfully Treat it?**

1. Which of the following is not part of the Four Factor Model of parental alienation?
  - a. Absence of maltreatment by the rejected parent
  - b. Abuse by the targeted parent
  - c. Prior positive relationship between the child and now rejected parent
  - d. Use of alienating behaviors by the favored parent
  
2. It is parental alienation when a child rejects a parent on reasonable grounds (for example: abuse).
  - a. True
  - b. False
  
3. Alienating behaviors are often interpreted as indicators of:
  - a. The desire to protect a child from the targeted parent
  - b. To win more custodial time
  - c. The desire to spend more time with the child
  - d. A personality disorder in the alienating parent
  
4. Why doesn't individual therapy with a targeted child improve parental alienation?
  - a. Therapists are not trained well enough to work with children
  - b. It does work when both parents are involved in the treatment
  - c. It does not address the core of the relational problem
  - d. Therapists tend to individually diagnose the child with behavior problems
  
5. Therapists should make which of the following custody recommendations?
  - a. Custody should stay the same
  - b. Custody should be split equally between parents
  - c. The child should spend more time with the targeted parent
  - d. They can suggest that a custody evaluation be redone
  
6. Why is it important to work with the legal team involved in the case?
  - a. Lawyers are more direct with their clients and get quicker results
  - b. Lawyers can make custody recommendations
  - c. The court can impose sanctions on non-compliance with treatment
  - d. The judge will follow the recommendations of the therapist
  
7. All members of treatment should be educated about parental alienation?
  - a. True
  - b. False
  
8. Therapy for parental alienation should include which of the following goals:
  - a. Protect the targeted child(ren) from harm caused by the alienation
  - b. Work to improve the targeted parent-child relationship
  - c. Prepare the alienating parent for an improvement in the quality of the targeted parent-child relationship
  - d. All of the above
  
9. What is a benefit of having the therapist specifically listed in a court order for therapy?
  - a. It eliminates the ability to have the alienating parent shop for therapists
  - b. It guarantees compliance with treatment
  - c. It removes the need for releases of information between attorneys and therapists
  - d. It gives the therapist a direct line of communication with the judge
  
10. How does a therapist protect themselves from being accused of prolonging treatment for the therapist's benefit?
  - a. Quick resolution of initial distressed behaviors
  - b. Make equal contact with the alienating parent
  - c. Good treatment plans and documentation
  - d. Regular updates to the court