

Dr. Kristen Syme, PhD | Conflict, Culture, and Mental Health: What an anthropological approach reveals about depression and suicidality (1 CE hour)

Quiz Questions:

1. WEIRD societies are strongly:
 - a. Collectivistic
 - b. Individualistic
 - c. Altruistic
 - d. Egalitarian

2. Which of the following, according to the talk, are causally associated with depression?
 - a. Monoamine depletion
 - b. Positive life events
 - c. Stressful life events
 - d. Gastrointestinal upset

3. Which of the following is not a hallmark of biological dysfunction?
 - a. High heritability
 - b. High population prevalence
 - c. Associated with development or developmental transition
 - d. Low population prevalence

4. According to research by Theresa O'Neil, depression among the Salish of Montana is...
 - a. Rare
 - b. Highly stigmatized
 - c. Part of their identity as 'real Indians'
 - d. Treated as a disease

5. Jerome Wakefield's 'harmful dysfunction' concept....
 - a. Classifies depression as a disease.
 - b. Argues that all conditions that are harmful are diseases.
 - c. Seeks to establish psychiatry as the final authority on mental health.
 - d. Helps to disentangle true disease states from conditions that are merely undesirable.

6. According to cross-cultural data, which of the following are common causes of suicidality?
 - a. Conflict and powerlessness
 - b. Warfare and poverty
 - c. Environmental threats
 - d. Relative food insecurity and divorce