

Quiz Questions:

**Dr. Jamie Marich Ph.D., LPCC-S, LICDC-CS, REAT, RYT-500, RMT | What does it mean to redefine therapy? (1.5 CE hour)**

1. The phrase and hashtag “Redefine Therapy” emerged from which of Dr. Marich’s books?
  - a. *Trauma and the 12 Steps*
  - b. *Dancing Mindfulness*
  - c. *EMDR Therapy and Mindfulness for Trauma-Focused Care*
  - d. *Transforming Trauma with Jiu-Jitsu*
  
2. Which of the following organizations put out, and was criticized for, the Assumptions and Aspects of White Culture infographic cited in this presentation?
  - a. NAACP
  - b. NMAAHC
  - c. NAADAC
  - d. The Department of Justice
  
3. In this infographic mentioned in Question 2, inquiry based in quantitate thinking is generally associated with:
  - a. white/Eurocentric culture
  - b. African culture
  - c. Asian culture
  - d. all of the above
  
4. According to Berryman, SooHoo, and Nevin (2013), “culturally responsive research is getting to truly know, on a personal level, the people you are researching and not just seeing them as \_\_\_\_\_.”
  - a. models
  - b. facts
  - c. numbers
  - d. cultural patterns
  
5. According to this scholar-practitioner, evidenced-based practice is a colonial project.
  - a. Angeles Arrien
  - b. Sand Cheng
  - c. Pierre Janet
  - d. Derek Farrell
  
6. Pick the set that best completes this statement: Quantitative research is \_\_\_\_\_ in its orientation, whereas qualitative research is \_\_\_\_\_ (Farrell, 2019).
  - a. empirical; literary
  - b. academic; ethnographic
  - c. bottom-up; top-down

- d. top-down; bottom up
7. Phenomenology rejects the idea that the human experience can be \_\_\_\_\_.
- a. described
  - b. investigated
  - c. quantified
  - d. mastered
8. According to several scholars, in quantitative/empirical research, controlling for so many \_\_\_\_\_ is not reflective of real-world experience.
- a. conditions
  - b. variables
  - c. patterns
  - d. none of the above; well-researched empirical evidence takes everything possible into account
9. Which of the following is NOT one of the four healing salves? (Arrien, 2013)
- a. singing
  - b. storytelling
  - c. psychotherapy
  - d. dancing