

Quiz Questions:

Dr. Jamie Marich Ph.D., LPCC-S, LICDC-CS, REAT, RYT-500, RMT | What does it mean to redefine therapy? (1.5 CE hour)

1. The phrase and hashtag “Redefine Therapy” emerged from which of Dr. Marich’s books?
 - a. *Trauma and the 12 Steps*
 - b. *Dancing Mindfulness*
 - c. *EMDR Therapy and Mindfulness for Trauma-Focused Care*
 - d. *Transforming Trauma with Jiu-Jitsu*

2. Which of the following organizations put out, and was criticized for, the Assumptions and Aspects of White Culture infographic cited in this presentation?
 - a. NAACP
 - b. NMAAHC
 - c. NAADAC
 - d. The Department of Justice

3. In this infographic mentioned in Question 2, inquiry based in quantitate thinking is generally associated with:
 - a. white/Eurocentric culture
 - b. African culture
 - c. Asian culture
 - d. all of the above

4. According to Berryman, SooHoo, and Nevin (2013), “culturally responsive research is getting to truly know, on a personal level, the people you are researching and not just seeing them as _____.”
 - a. models
 - b. facts
 - c. numbers
 - d. cultural patterns

5. According to this scholar-practitioner, evidenced-based practice is a colonial project.
 - a. Angeles Arrien
 - b. Sand Cheng
 - c. Pierre Janet
 - d. Derek Farrell

6. Pick the set that best completes this statement: Quantitative research is _____ in its orientation, whereas qualitative research is _____ (Farrell, 2019).
 - a. empirical; literary
 - b. academic; ethnographic
 - c. bottom-up; top-down

- d. top-down; bottom up
7. Phenomenology rejects the idea that the human experience can be _____.
- a. described
 - b. investigated
 - c. quantified
 - d. mastered
8. According to several scholars, in quantitative/empirical research, controlling for so many _____ is not reflective of real-world experience.
- a. conditions
 - b. variables
 - c. patterns
 - d. none of the above; well-researched empirical evidence takes everything possible into account
9. Which of the following is NOT one of the four healing salves? (Arrien, 2013)
- a. singing
 - b. storytelling
 - c. psychotherapy
 - d. dancing