

Adriana Rodriguez, MA, LMFT | Lost in Translation: Bilingual Clinicians (1 CE hour)

Quiz Questions:

1. Most counseling graduate school programs offer
 - a. Adequate supervision and support
 - b. Limited opportunities to use or learn a second language
 - c. Plenty of opportunities to learn new languages
 - d. Supportive environments for multilingual clinicians

2. Bilingual and multilingual therapists report feeling _____ by the lack of proper supervision around their language skills.
 - a. Disappointment and lack of trust in their employers and supervisors; exhaustion and burnout; isolation
 - b. Empowered, wanting to teach others about their abilities; confident
 - c. Engaged; supported; excited

3. Cultural humility is
 - a. A skill that is impossible to learn
 - b. The ability to take an other oriented stance
 - c. The same thing as cultural competency

4. _____ involves commitment to self-examination and the redress of power imbalances in the client-therapist-supervisor dynamic.
 - a. Counter-transference
 - b. Cultural Competency
 - c. Cultural Humility
 - d. Unconditional Positive Regard

5. Supervisors who embody cultural humility
 - a. Acknowledge that their life experiences may have likely left them with built-in biases and blind spots
 - b. Attend trainings regularly
 - c. Let their colleagues take the lead in conversations around culturally responsive therapy

6. If a supervisor is monolingual
 - a. They should encourage bilingual clinicians translate all paperwork for their agency
 - b. They should encourage discussions around counseling in other languages
 - c. They should let trainees and associates take the lead in having conversation around linguistic challenges